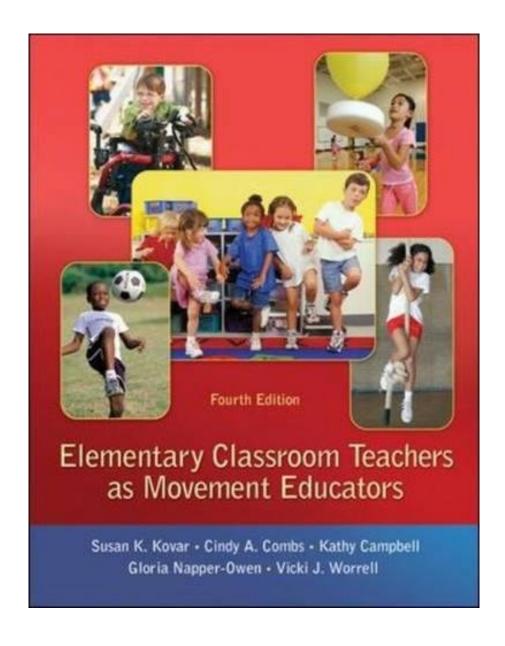


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This updated fourth edition continues to cover the traditional physical education content including motor learning and development, exercise physiology, curriculum, safety, and pedagogy in an in-depth way that is meaningful to the classroom teacher. In addition, the book emphasizes motivating children to be active, teaching activity to children with special needs, and integrating subject content and physical activity in the classroom.

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