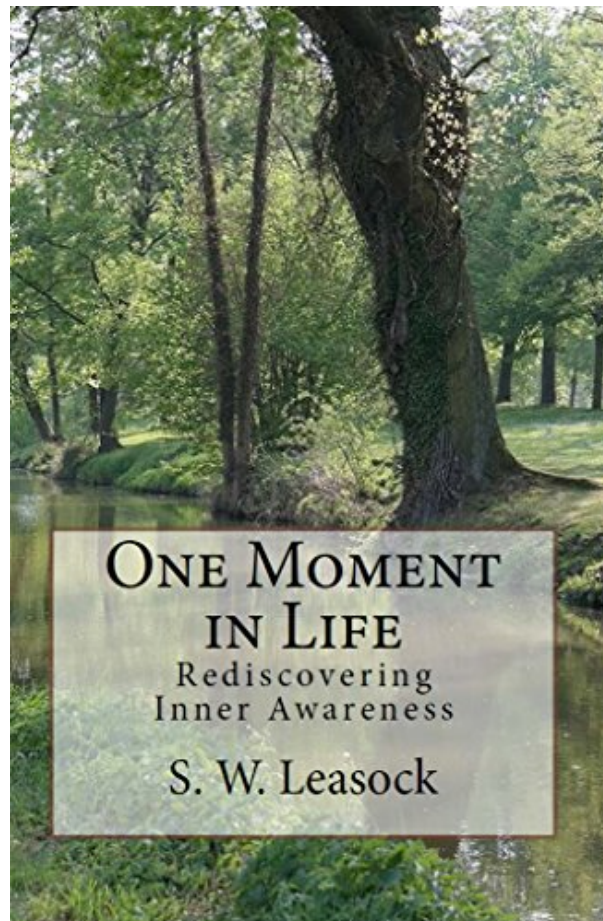
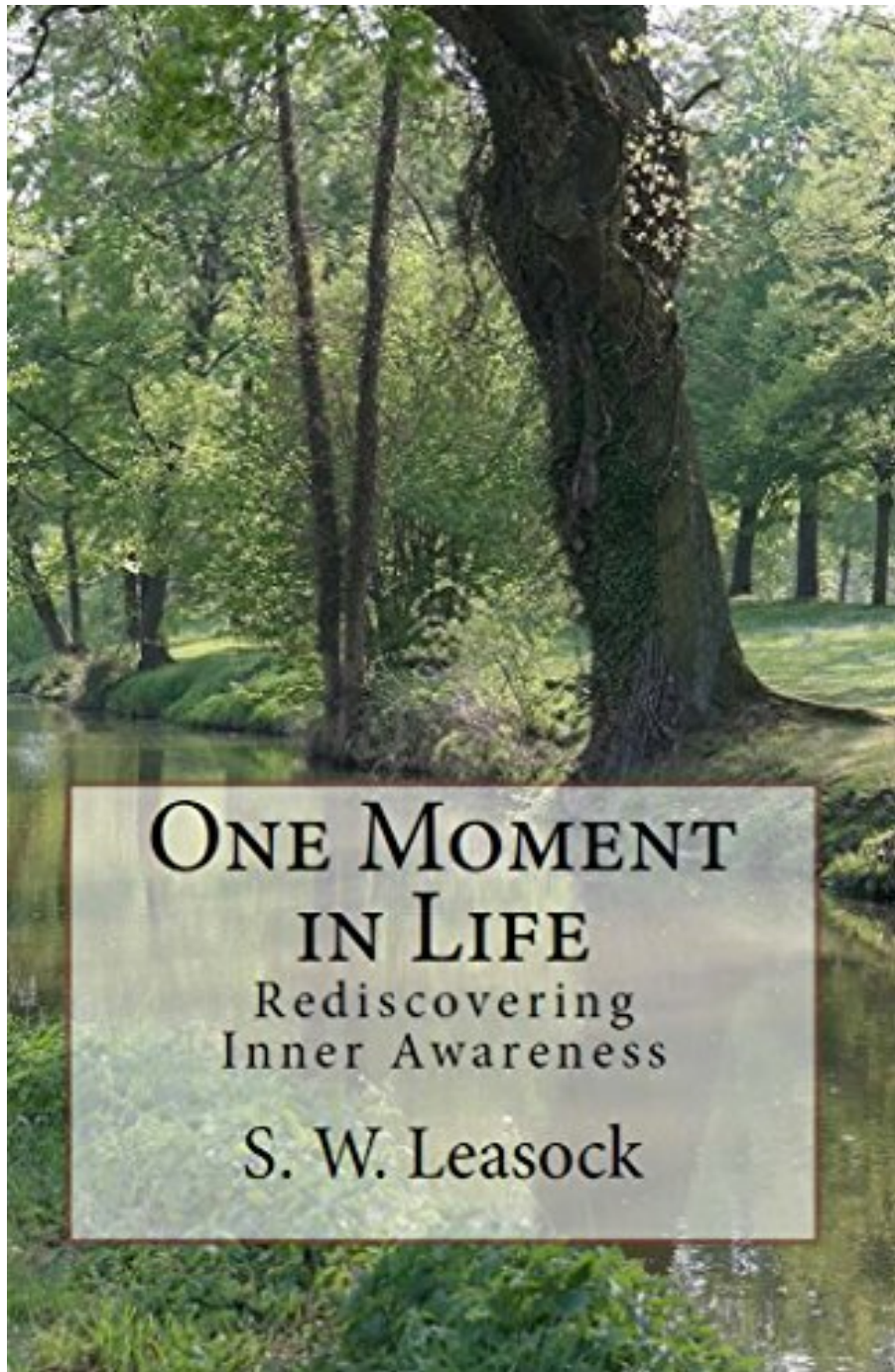


# ONE MOMENT IN LIFE: REDISCOVERING INNER AWARENESS BY S. LEASOCK



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From the Back Cover

How do you wish to live this one moment in life--this blink of an eye during which we experience the first and last second of our existence? Will you resign yourself to anxiety and suffering, or tap into the simplicity and beauty of a higher consciousness?

For the majority of humans, life comes and goes without ever seeing the open door in front of them. But the tide is changing and minds are expanding--more than ever, individuals are feeling the need to leave their old ways behind and recognize the universal intelligence that has always been our birthright.

Awaken to a new mode of human consciousness with this groundbreaking look at spirituality, the universe, and human existence, as author S. W. Leasock provides enlightening insights for anyone who has ever found themselves searching for something more.

About the Author

Steve grew up on a small farm in rural Pennsylvania. While enjoying the beauty of nature and the simplicity of country living, he also found joy in writing at a young age.

During his school years, he was active in many writing contests and became a member of a theatrical club, which served as an outlet for expressing his feelings and ideas.

While attending college, Steve enlisted in the army, both to finance his education and to learn about the world. He lived in Europe for several years before and after his enlistment, which allowed him to meet people from many different backgrounds and cultures. His diverse experiences have been a catalyst for his personal growth.

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Throughout most of human history we've been divided--stuck in structured behavior patterns and belief systems and confined to the stark cultural boundaries of a manmade world. It's a way of life that has led to feelings of confusion and loneliness, a constant sense of lacking as we search for something more.

But as intelligence and creativity continue to expand, a change in thinking is on the horizon, and an increase in awareness has begun to pave the way toward unity. While leaving the old perspectives of traditional religion and science behind, more individuals are learning to tune into a universal force, discovering new and exciting ways of looking at human existence.

One Moment in Life is an exploration of these groundbreaking insights about self-awareness, the concept of the universe, and human life as a whole. Awaken to humankind's true potential with refreshing new content that challenges the outdated belief systems of yore, and offers alternative ways of thinking that will allow anyone to tap into a larger and more universal consciousness.

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0 of 0 people found the following review helpful.

I really like the book

By Fabian Bergmann

I really like the book. It contains topics that I have never really thought about or considered. The book contains ideas and questions about our existence and life that I feel are very interesting. The book opened up a dimension in me that I did know existed. It was fascinating to read about ideas and topics that are not usually spoken or discussed everyday.

I really enjoyed the author's writing style. It was refreshing. It took a little getting used to in the beginning; but was a delight to read. The topics were discussed in a easy to understand manner.

Ich mag das Buch, da ich über die angesprochenen Themen nie wirklich nachgedacht habet. Das Buch stellt Ideen und Fragen zu unserer Existenz und des Lebens im Allgemeinen, die ich für sehr interessant halte. Es war faszinierend, über Ideen und Themen, die in der Regel nicht gesprochen oder diskutiert werden zu lesen.

Der Schreibstil des Autors ist sehr erfrischend. Allerdings ist der Schreibstil am Anfangs etwas gewöhnungsbedürftig.

Jedoch ist er sehr schön zu lesen, da die Themen in einfachen Worten beschrieben werden

0 of 0 people found the following review helpful.

The book holds some unique, somewhat unusual insights to ...

By Frauke Mathes

The book holds some unique, somewhat unusual insights to life. The author is offering alternatives to long standing human behavior patterns. It seems that he is not taking sides concerning the age old conflict between religion and science. He wishes to express that there is something that has always been in the background of our human existence; something that we have always been a part of. Furthermore I had the impression that he is suggesting that it is time for us to let go of restricting belief structures. There are one or two parts in the book that are at first glance, vague. I then looked over these paragraphs a second time. It made more sense the second time around.

I remember having a similar feeling after reading "The Power of Now". At first I didn't understand much in the book, but eventually found it to be very helpful. Does the book desire a thumbs up or thumbs down? There are topics presented in the book that should be considered. I feel that it is worth reading.

0 of 0 people found the following review helpful.

Leasock does a wonderful job of asking the difficult questions and helping the reader answer them

By Amazon Customer

One Moment in Life: Rediscovering Inner Awareness is an exploration of what it means for us as humans to be aware of our purpose and why we do the things we do. S.W. Leasock takes a unique approach to the human condition and spirituality. I enjoyed Leasock's approach to exploring these important concepts and

how he took a unique angle to what it means to live. Leasock writes: “We experience good and bad, but it is our human understanding of life that causes us to be fearful and suffer. Evolution has allowed human beings to obtain a higher level of consciousness. We are, unfortunately, not able to grasp the simplicity and beauty of this higher consciousness.” This book takes you on a journey to understand who you are and why you act the way you do by unpacking human behavior and our inability to be conscious/aware of our surroundings. Leasock does a wonderful job of asking the difficult questions and helping the reader answer them.

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