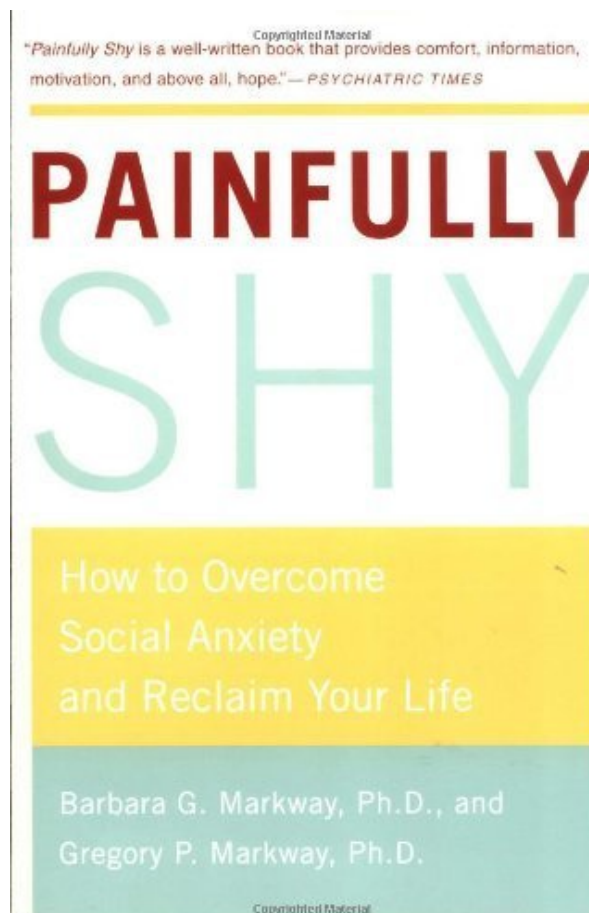


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and Reclaim Your Life

Barbara G. Markway, Ph.D., and  
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