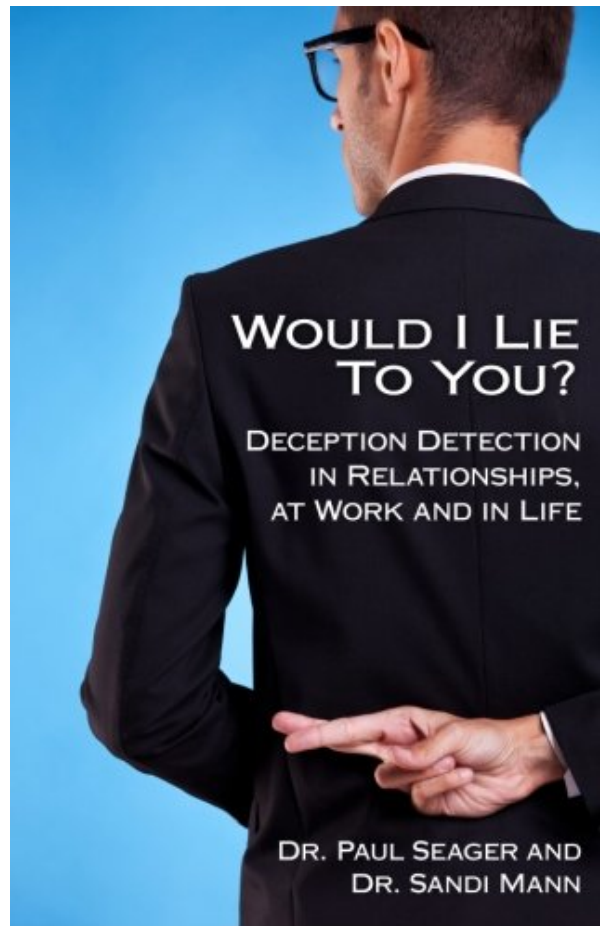
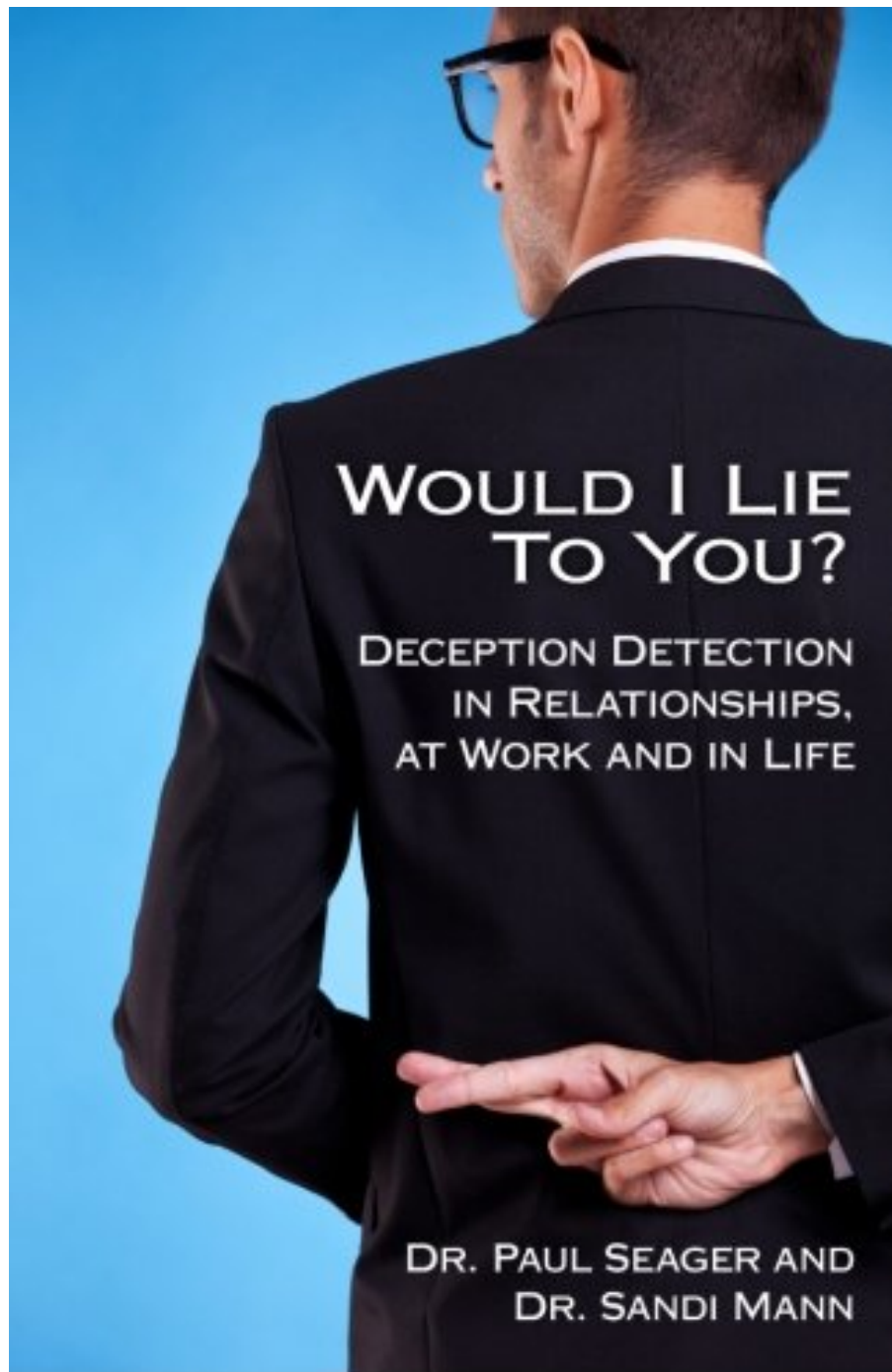


WOULD I LIE TO YOU? BY DR PAUL SEAGER, DR SANDI MANN



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About the Author

Dr Paul Seager is a senior lecturer in Social and Forensic psychology at the University of Central Lancashire. His main area of interest is the psychology of deception – why people lie, how they lie, and whether we are good at detecting lies. He has done a lot of media work in this area, discussing all aspects of lie detection. For more information about his academic background and media contributions, please visit his website at: www.uclan.ac.uk/staff_profiles/paul_seager.php. He and Sandi have also developed a training course to improve people's ability to detect lies. Dr Sandi Mann lectures in Organisational Psychology at the University of Central Lancashire and is a consultant specialising in stress and emotions. She is a regular contributor to various media outlets on these issues, including radio, television, newspaper and magazines. Sandi has conducted research in the field of deception in the workplace and has recently presented a paper on the topic at the British Psychological Society Occupational Psychology Annual Conference. She has also co-presented with Paul various public lectures in the field of deception. *Would I Lie To You?* is Sandi's seventh book.

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WOULD I LIE TO YOU? BY DR PAUL SEAGER, DR SANDI MANN PDF

Can you tell if someone is trying to pull the wool over your eyes? Deception is all around us. Whether it's our friends assuring us that our radical new hairstyle is great, lovers insisting they have been faithful or marketeers misleading us with extravagant claims, we are barraged with varying forms of deception in our everyday lives. While many of us believe we are naturals at detecting lies, most of us look in all the wrong places for signals of deception. So how can you tell if someone is misleading you - via a well-intentioned white lie or a full-blown scam? With the right tools, inside knowledge from the latest psychological research and a bit of practice, anyone can improve their ability to sniff out lies. In this book psychologists Dr Paul Seager and Dr Sandi Mann debunk the popular myths and show the true methods of lie detection. Learn: * how good you are at spotting lies * the real clues in body language * how to use an 'honest baseline' * the verbal and vocal cues to lying * how to detect the lies of children, friends, lovers, colleagues, customers, clients, con artists, salespeople and politicians *Would I Lie to You?* is an indispensable guide for anyone who wants both to understand the art of lying and indeed to enhance their lie-detection skills.

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To follow or not to follow (the tips of this book), that's the question

By ServantofGod

As there is no content page here on Amazon, I would like to take the privilege to type one for you:-

Ch.1 The low-down on lying

Ch.2 Be a body watcher - detecting deception through body language

Ch.3 Be a keen listener - detecting deception through what people say and how they say it

Ch.4 Uncovering the lies of children

Ch.5 Spotting deceits amongst friends and lovers

Ch.6 Detecting deception in the workplace

Ch.7 How to tell if customers or clients are lying to you

Ch.8 Tricks of the trade: avoiding the wiles of con artists, salespeople and politicians

Ch.9 Detecting lies - some final thoughts

I tell white lies. I admit so. That's why I study this book so as not to be checkmated. Sorry that I don't find this book particularly helpful. To me, the identity/scenario based setting is a minus. The authors' disclaimer "but nothing is 100% certain" in each of the cue table, though true, simply reduces my confidence in what the authors preach, which is quite different from common opinion of whether or not somebody is telling a lie. To save yourself from such a dilemma, I suggest you to give this a pass.

1 of 1 people found the following review helpful.

Brilliant

By Amazon Customer

Would I Lie To You is brilliant! I have always been interested in how to tell when someone is lying to me and this book really ticks the boxes. It is easy to read and quite fascinating. The advice is really interesting - I had no idea that I had been using the wrong signs to spot lies all this time! The book has also made me realise that detecting lies is not easy and something to be worked at, but I have really enjoyed finding out how. I found the stuff on how to tell if someone is lying in a press conference - those grieving parents who end up being the killer etc. Great book!

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